

# **Physical Education for Grades 4-8**

The curriculum for physical education will consist of the following units\*:

## Fall Units

1. Kickball
2. Wiffleball
3. Activity Days

## Winter Units

1. Jumping Rope
2. Toss, Catch, and Throw
3. Dodge ball
4. Activity Days

## Spring Units

1. Soccer
2. Volleyball
3. Activity Days

\*Units may change

If you have any questions about our physical education program, please contact me at school.

Sincerely,

Mr. Charles Hampton  
Physical Education Teacher